



Curtin University

CENTRE FOR ABORIGINAL STUDIES

INDIGENOUS AUSTRALIAN MENTAL HEALTH PRINCIPLES AND PRACTICES

Empower and strengthen the wellbeing of Indigenous Australian people and communities.

The Centre for Aboriginal Studies offers two courses in mental healthcare for Indigenous Australians. The courses provide you with comprehensive mental health knowledge and the skills you need to support engagement with Indigenous people and communities. The courses were developed to address the cultural, social and emotional wellbeing of Indigenous Australians.

Associate degree

This course gives you a sound understanding of the fundamental principles of Indigenous Australian mental health. You will learn a multi-faceted approach to mental health care, holistic in its outlook and respectful of Indigenous Australian traditional healing practices. Knowledge and skills development in the areas of mental health problem formulation and mental health first-aid are a feature of the two-year program.

Bachelor degree

This course builds upon the curriculum of the associate degree and can provide you with further knowledge and skills development in mental health research, leadership, policy development, and mental health law and ethics. Practical skills development in crisis intervention and recovery, and counselling and psychotherapy practice are a feature of the three-year program.

CAREER OPPORTUNITIES

As a graduate of the bachelor degree, you will be skilled in the areas of mental health research and evaluation, promotion and advocacy, law and ethics, counselling and psychotherapy*.

You may also go into a range of careers including mental health education, facilitation, leadership and policy development, research and service management, or qualify for a postgraduate course.

*With further university studies, graduates may pursue a career in mental health counselling.

To find out more about studying at the centre, visit karda.curtin.edu.au/study



INTAKE

February

ADMISSION CRITERIA

You must be at least 17 years old, of Indigenous Australian descent and must meet English language proficiency and academic requirements.

To apply, send an expression of interest to the Centre for Aboriginal Studies. You will need to complete a literacy and numeracy assessment and attend an interview. Please provide any academic transcripts or training documents, and proof of your Aboriginal descent with your application.

DURATION

Associate degree – 2 years* full-time.

Bachelor degree – 3 years full-time.

*Upon successful completion of the associate degree, you may continue studies in the bachelor degree.

STUDY MODE

Internal only. On-campus, block release.

LOCATION

Bentley Campus.

CONTACT

Tel: + 61 8 9266 7091

Email: Indigenous.support@curtin.edu.au

Web: karda.curtin.edu.au

Curtin acknowledges the traditional owners of the land on which its campuses are located.

COURSE STRUCTURE

UNITS

YEAR 1

Introduction to Indigenous Australian Ways of Working

Indigenous Australian Issues and Factors in Local Region

Introduction to Indigenous Australian Ways of Working

Study Management and Communication Skills for Indigenous Australians

Introduction to Indigenous Australian Health Issues

Indigenous Health Data Interpretation

Historical Development of Mental Health

Global Health Perspectives

YEAR 2

Indigenous Lifespan Development

Aboriginal and Torres Strait Islander Mental Health First Aid

Indigenous Australian Mental Health

Common Mental Health Disorders

Behavioural Neuroscience

Psychopharmacology in Indigenous Mental Health

Indigenous Australian Professional Practice and Leadership

Introduction to Psychology

YEAR 3

Mental Health Research Evaluation

Principles and Practices of Counselling

Leadership in Mental Health Management and Policy Development

Crisis Intervention and Recovery

Indigenous Mental Health Promotion and Advocacy

Practice of Evaluation in Indigenous Community Programme Contexts

Counselling and Psychotherapy Practice

Law, Ethics and Mental Health

For more information:

Curtin Future Students Services

Tel: +61 1300 222 888

Email: futurestudents@curtin.edu.au

Web: futurestudents.curtin.edu.au

Disclaimer and copyright information
Information in this publication is correct at the time of printing but may be subject to change. In particular, the University reserves the right change the content and/or method of assessment, to change or alter tuition fees of any unit of study, to withdraw any unit of study or program which it offers, to impose limitations on enrolment in any unit or program, and/ or to vary arrangements for any program.

This material does not purport to constitute legal or professional advice. Curtin accepts no responsibility for and makes no representations, whether express or implied, as to the accuracy or reliability in any respect of any material in this publication. Except to the extent mandated otherwise by legislation, Curtin University does not accept responsibility for the consequences of any reliance which may be placed on this material by any person. Curtin will not be liable to you or to any other person for any loss or damage (including direct, consequential or economic loss or damage) however caused and whether by negligence or otherwise which may result directly or indirectly from the use of this publication.

Copyright Curtin University
© Curtin University 2018. Except as permitted by the Copyright Act 1968, this material may not be reproduced, stored or transmitted without the permission of the copyright owner. All enquiries must be directed to Curtin University.
Published by Curtin University 2018.
CRICOS Provider Code 00301J 2494HS